

# DANCE YOURSELF into SHAPE!



**326 Oak Street**

**[www.elevationdancestudio.com](http://www.elevationdancestudio.com)**

**970.871.1880**

No previous experience necessary. All classes are 1 hour.  
All Zumba and Dance Cardio Classes are \$10 / class

Schedule Valid for July & August 2011 but subject to change based on attendance.

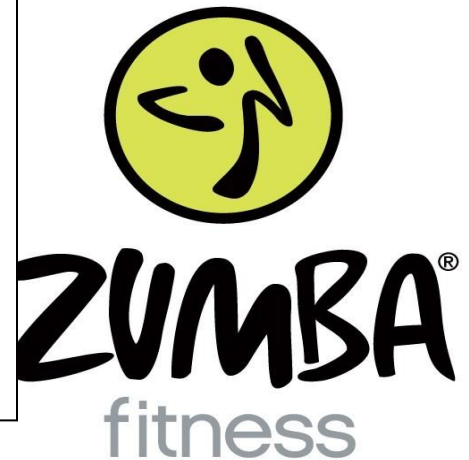
The Latin-inspired, easy-to-follow calorie-burning, dance-fitness party. Feel the music and let loose.

**Tuesdays at 8:30 am** Instructor: Renee

**Thursdays at 8:30 am** Instructor: Renee

**Fridays at 8:30 am** Instructor: Traci

**Saturdays at 9:00 am** Instructor: Renee



Interested in trying something new and unlike any other fitness class?

**DANCE CARDIO**      **Mondays & Wednesdays at 8:30am!**